

Ho Ho Ha Ha Ha!

JOYn us as we ...
Exercise our LAUGHTER muscles
and LAUGH for HEALTH!
You will FEEL Positively GREAT!



Laughter Yoga

with "Positively Pat" Conklin

Principal Positivist and Fundraiser of Laughter Yoga Orlando

WEDNESDAYS at 11 AM and THURSDAYS at 7 PM
beginning Thursday, January 19, 2012

REDEEMER LUTHERAN CHURCH
3377 Aloma Avenue, Winter Park, FL 32792

Suggested donation of \$10/month for unlimited class attendance.
For more information, call 407-671-4300.



This program is made possible through funding from the Winter Park Health Foundation.

No yoga poses!

No previous experience required!

No joke!